# SWIM SASKATCHEWAN



### North/South Jr. Development Camp

### **DATE/LOCATION:**

North Teams: November 4<sup>th</sup> Shaw Centre, Saskatoon South Teams November 5<sup>th</sup> Lawson Sportsplex, Regina North Teams: GOLD, LASER, PASS, MRSC, BKSC South Teams: ROD, FS, RMAR, MJFF, YSSC, SCB

#### **Assessment Fee:**

\$35

#### **CAMP OBJECTIVE:**

To bring Sask developing athletes and coaches together to train in a fun and competitive environment and to demonstrate high technical skill during aerobic training. The camp will include classroom time for the athletes, coaches, and parents. The overarching goal is to provide an enhanced and exciting training opportunity beyond their normal daily training environment.

#### SWIMMER ELIGIBILTY AND TEAM SIZE:

Females 12 years old and under, age as of Aug. 31<sup>st</sup>, 2023 Males 13 years old and under, age as of Aug. 31<sup>st</sup>, 2023 Team size: 24 athletes for each camp

#### **SELECTION PRIORITIES:**

Priority 1 – July ManSask 2023 finalists in any non-relay event

Priority 2 – July ManSask 2023 qualifiers

Priority 3 - Top ranked based on LC 200 FR and 200 IM from the 2022-23 season

#### **SELECTION PROCESS**

There will be 2 1-day camps help over the November 4-5<sup>th</sup> weekend. 24 athletes from the northern teams (GOLD, LASER, PASS, MRSC, BKSC) and 24 athletes from the southern teams (ROD, FS, RMAR, YSSC, MJFF, SCB) will be selected.

- 1. All athletes who competed in finals at ManSask in Winnipeg (July 2023) will be ranked based on the number of finals made at ManSask, including the top 8 finishers in Timed Final events.
- 2. If the team is not filled by #1 above, all athletes who achieve at least 1 LC 'AA' ManSask standard will be ranked based on the number of LC 'AA' times they have achieved.
- 3. If the team is not filled by #1+2 above, all remaining athletes will be ranked based on the sum of their 2022-23 seasonal best LC 200 FR and 200 IM times. Athletes will be ranked from fastest cumulative time (lowest total time). If an athlete does not have a LC time for either event, their SC time times will be used with a 2% conversion increase to the SC time.

#### Travel

Parents will be responsible for their athlete's travel to and from the facility for the camp. Coaches attending the camp will be responsible for their own travel to and from the camp. Athletes are expected to pack their own nutritious lunch for the midday break.

#### Coaches

A representative from each club with a selected athlete is expected to attend. Any coach that wishes to attend that does not have an athlete selected are also welcome to attend. Clubs will be asked to provide the names of the coaches attending 2 weeks prior to the camp's start date.





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## **Selection Dates**

Athletes and coaches selected will be notified September 27th of their selection. The deadline for athlete's to confirm attendance will be October  $6^{th}$ .



