



# Winter Swimming Technical Package

Adopted by the Winter Swimming Program Committee April 12, 2003

Revision # 1 September 2003

Revision # 2 May 2004

Revision #3 January 2006 page 7 only item 5.6.7.1

Revision #4 June 2006 pages 3, 5 and 6 Items: 4.0; 5.6.1; 5.6.3; 5.6.5.6; 5.6.5.7 & 5.7

Revision #5 June 2007 Items 2.01, 2.02, 2.08, 2.09, 5.6.1, 5.6.2 and 5.7

Revision #6 Feb 2008 Items 4, 5 6 and 7

Revision #7 Nov 2008 revamp of the entire document due to new meet formats and further  
Clarification on item 7.6.11 on January 19, 2009

Revision #8 June 2009 deletion of Olympian meets and revision to 1 Day Provincial Qualifier meet format

Revision #9 May 2010 deletion of Provincial Qualifier meets, SNC LTAD Competition policy, addition on  
mixed gender swimming, and the requirement for 3 watches to be used when full  
electronics not being used

Revision #10 June 2015 to correct the name of the A Provincials Junior Cup competition that was  
changed from 10 & under cup to Junior Cup a few years ago.

Revision #11 June 2019 Items 2.0, 7.0, 8.0

## 1.0 **Introduction**

The Winter Swim Program is a program of Swim Saskatchewan Inc. (SSI) and is governed by SSI Policies and Bylaws. The policies and bylaws specific to the Winter Swim Program are included in the SSI document, "*Winter Swimming Policies*". This Technical Package is subject to the bylaws of SSI and the Rule Book of Swimming/Natation Canada (SNC).

## 2.0 **General Rules that pertain to all types of meets**

- 2.0.1 Only swimmers registered as a Winter Competitive swimmer may compete in a sanctioned Winter Swimming competition or sanctioned time trial.
- 2.0.2 A swimmer registered '*Summer-Open*' or '*Masters-Open*' may compete in Swim Sask sanctioned Winter Swimming competitions or time trials. *Summer-Open* may only swim in Winter Swimming meets during the period of May 1 to August 31.
- 2.0.3 A swimmer registered with Swim Sask as Winter Non-Competitive may compete in 1 Winter Swimming competition or sanctioned time trial, per swim season (Sept 1 to Aug 31). Thereafter the swimmer must be registered as a Winter Competitive swimmer to participate in any further Winter Swimming competitions or sanctioned time trials that season.
- 2.0.4 A swimmer registered with Swim Sask as '*Master*' or '*Summer*, may not compete in Swim Sask sanctioned winter swim competitions or time trials. (Winter Swimming Policy WC-2)
- 2.0.5 Saskatchewan swimmer's registration information and fees must be received by SSI two working days prior to the date of competition, as per Board Policy C-4.
- 2.0.6 Sanction may be revoked or voided if non-registered swimmers participate in a sanctioned event. In the event that non-registered swimmers or swimmers listed in 2.03 above, competes in a sanctioned swim competition, the times for the swimmer will not be official. (Winter Swimming Policy WC-2)
- 2.0.7 To be on deck at sanctioned swim competitions, Saskatchewan coaches must be members of Swim Sask, SNC and CSCTA. (Board Policy M-2 and C-1)
- 2.0.8 The age of the competitor will be as of the first day of the competition. (SNC Rule CGR 1.2.1.4)
- 2.0.9 Only swimmers 7 years of age and older may compete in sanctioned competitions. Swimmers must have their 7<sup>th</sup> birthday on or before the first day of competition. (Winter Swimming Policy WC-2)
- 2.10 That in swim meets where full electronics, including touch pads, are NOT available, three timers should be used whenever possible.

## 2.11 **Mixed Gender Events**

Notwithstanding Rule SW 10.1 in the Swimming/Natation Canada Rule book, Swim Saskatchewan will consider requests to sanction meets that provide for mixed gender swimming, under the following circumstances:

1. Class II time Trials
2. Dual or Tri meets that are being hosted to offer developmental opportunities for the swimmers in those clubs.
3. When, due to a missed swim, it is necessary for a Referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.
4. Where, due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

In spite of this rule, any swimmer who achieves a provincial record time at any level (club, provincial, national etc, whether age group or open) will not be recognized for that record.

If a coach suspects that a swimmer may set a provincial record then the coach must advise the Referee prior to the start of the session that there is a possibility of the record being broken, and the Referee must then insure that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

- 2.12 All entries must include the 9-digit SNC swimmer registration number and date of birth and must be uploaded to the National Registration Entries and results site at: <https://www.swimming.ca/meetlist.aspx>. Only swimmers registered with Swim Sask directly as unattached (UN-SK) may submit their entries directly to the entries person.

## 3.0 **Meet Manager's Responsibilities for all types of meets**

- 3.0.1 Meet Managers will follow rules, policies and procedures as established by Swimming Canada, Swim Saskatchewan Incorporated (SSI) and the *Winter Swimming Technical Package* as approved by SSI.
- 3.0.2 Meet Managers will avail themselves of Swimming Canada and Swim Sask resources, such as the Meet Package Requirements Document, current year's Competition Outline, Meet Manager's Guide and Meet Manager Officials' clinic. These documents can be found on the Swim Sask website at: [www.swimsask.ca](http://www.swimsask.ca) heading '*officials*' then from the drop down menu click on '*meet hosting*'.

#### **4.0 Sanction Process for all types of meets**

- 4.0.1 All meets must be sanctioned by the Swim Sask Sanction chairperson.
- 4.0.2 When developing the meet information package, Meet Mangers must use the following documents all found on the Swim Sask website at: [www.swimsask.ca](http://www.swimsask.ca) heading '*officials*' then from the drop-down menu, click on '*meet hosting*'
- Meet Package Requirements
  - The current year's Competition Outline
  - Meet Managers Guide, Meet Mangers should develop the meet information package 8 to 10 weeks prior to the swim meet.
- 4.0.3** To apply for a Meet Sanction, the Meet Information Package must be uploaded to the Swimming Canada Meet Sanctioning, Entries and Results system at: <http://www.swimmeet.ca/login.aspx> **no later than 5 weeks prior to the meet.**
- 4.0.4 Meet Managers need a login for the system, which can be obtained from their Club Registrar. Club Registrars must set up the meet Manager in the national system.

Within 14 days after the conclusion of the swim meet, the meet manager is responsible to ensure that the club forwards the appropriate meet assessment fees to Swim Sask.

#### **5.0 Meet Entries for all types of meets**

- 5.1 All entries must be submitted by clubs uploading an Entry File to the National Meet Entries & Results system at: <https://www.swimming.ca/meetlist.aspx>

#### **6.0 Meet Results for all types of meets**

- 6.1 Within 24 hours after the conclusion of the meet, the meet manager will ensure that the Result file is uploaded to the national results site at: <http://www.swimmeet.ca/login.aspx>
- Please follow instructions in the Meet Manager Meet Sanctioning Entries & Results System Manual. (This can be found on the Swim Sask website at the same location as the sanction information and meet managers guide.
- 6.2 Clubs will retrieve the results by downloading the Hytek file for results from the National meet Entries & Results system at: <https://www.swimming.ca/meetlist.aspx>

## **7.0 Types of Meets**

### **7.1 Man/Sask Provincial Championships**

The host club must abide by the competition package provided by the Man/Sask Committee.

### **7.2 Junior Provincials**

The host club must abide by the competition package provided by Swim Saskatchewan.

### **7.3 Club Invitationals**

7.3.1 All clubs must submit request to host invitational meets in or to have the event placed on the provincial schedule.

7.3.2 All clubs must list their meet on the national meet list. Meets are to be listed by August 15 each year.

7.3.3 Sanction application and follow-up protocol must be followed.

7.3.4 Clubs may set the meet entry deadline date up to 15 days prior the start of the meet.

### **7.4 Swimming Canada National Competitions**

Clubs wishing to host a Swimming Canada National Competition must follow the process determined by Swimming Canada and must advise Swim Saskatchewan of their intent.

## **8.0 Hosting meets in conjunction with other meets**

Winter clubs, if they so choose, may host a meet in conjunction with a Masters meet.

To host a meet in conjunction with a Masters meet, Winter Clubs should work with the Masters Club in their area.